



Theme: Health and Nutrition

Activity: Vegetable and Fruit Prints

Activity Purpose:

Children will explore as they learn about the fruit and vegetable shapes. They will also learn about secondary colors as they mix primary colors (red, yellow, blue).

Materials:

-2 oranges -2 potatoes -2 broccoli stems -2 apples -4 mushrooms -2 pears - Assortment of markers -Red, yellow, and blue paint -6 paper plates -An assortment of construction paper -Newspaper -1 roll of masking tape -1 sharp knife (for adult use only-used to cut the fruit and vegetables)

Materials Design and Activity Organization:

Tape the newspaper to the table. Pre-cut the fruits and vegetables in half for the children. Place a quarter drop size of paint on the paper plates. Place the construction paper on the table.

Basic Procedure:

The adult will write the child's name on the paper. Children will then choose a fruit or vegetable, which they will use as a stamper. Children will dip the piece into the paint and stamp the paint onto the construction paper. When the child is done, the adult will tape the print on the wall so that it can dry.



Suggestions for Instruction:

The adult can ask the children if they have a garden. The teacher will share Lois Ehlert's book Eating the Alphabet: From A to Z.

Opportunities for Skill Development:

Vocabulary:

mushroom, print, broccoli, nutrition, stamper, secondary color, primary color, garden

Motor Skills:

Fine motor skills - pincer grasp

Oral Expression:

The children will be able to describe the different types of shapes of fruits and vegetables. The children will begin to name colors.

Social Skills:

Children will work with others.

Children will share materials with others.

Theme: Color

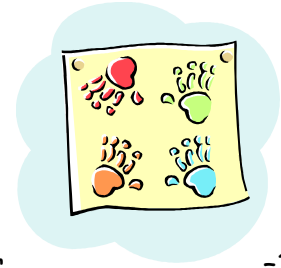
Activity: Foot and Hand Prints

Activity Purpose:

The babies learn about their hands and feet as they make prints. They will feel the cold paint on their hands and feet.

Materials:

-Red, green, yellow paints -An assortment of construction paper
roll of paper towels -An assortment of markers -3 paper plates

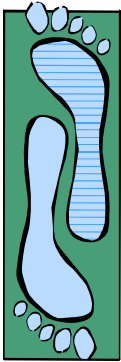


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Materials Design and Activity Organization:

Gather all materials and place them in a tub on the floor. Before beginning the activity, the adult will squirt a quarter size drop of paint onto each plate. The adult will also write the child's name on a piece of construction paper.

Basic Procedure:



The adult will explain for the child what to expect as he puts his foot or hand into the paint. After the child has paint on his hand or feet, he will then place it on the construction paper. The adult will need to offer assistance.

Suggestions for Instruction:

The adult will introduce the activity with a print sample. The teacher will play with the baby's feet and hands. The adult will play "This Little Piggy" and "Pat-a-Cake" with the baby.

Opportunities for Skill Development:

Vocabulary:

hands, feet, print, paint, cold, wet, splatter, fingers, toes, feel

Motor Skills:

The baby will practice stepping, waving, and will play hand games.

Oral Expression:

The adult will share nursery rhymes with the child involving hand and feet movement. The adult will describe for the child the texture of the paints and the colors that are created and used.

Social Skills:

-The babies will cry and laugh together -The babies will share the paint. -The babies will play together.