



San Antonio
AVANCE[®]

**Parent-Child Education Program
Evaluation Report**



2022-2023



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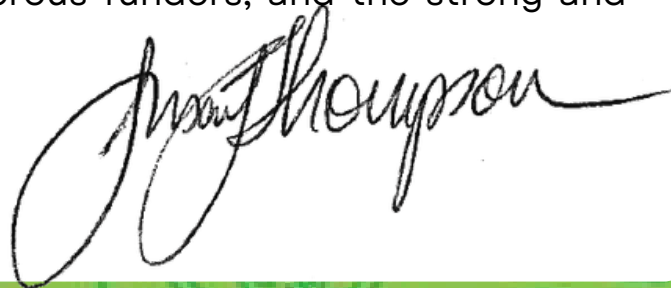
A Letter From the Executive Director



The 50th anniversary celebration of AVANCE this year provided us with a valuable opportunity to reconnect with our origins and the timing couldn't have been more fitting. It allowed us to revisit the fundamental principles woven into our organization by our founder, Dr. Gloria Rodriguez, in 1973. Her dedication to making change within her community against the backdrop of the ongoing civil rights movement and the fight for educational equity continues to inspire and inform our values moving forward.

By reflecting on the past, we have committed to enhancing our efforts across all AVANCE – San Antonio programs. This involves utilizing evidence-based assessments to evaluate core objectives and recognizing the significance of these metrics as indicators of our success. I hope that as you read through this report you feel as inspired as I do by the incredible impact our programs have had on the families we serve.

With this wonderful look back into our history, and reinforcement of our present, we have paved a beautiful path forward. Exciting things are ahead of us, and I am elated to share this journey with those who support our mission with such enthusiasm. We truly could not have done it without the dedication of our incredibly devoted team, steadfast community partners, generous funders, and the strong and diverse community we serve.

A handwritten signature in black ink, appearing to read "Juan Thompson". The signature is fluid and cursive, with a large loop at the end.



Our Mission

AVANCE

(Uh-vahn-say), To create pathways to economic mobility for families through high quality, culturally responsive, two-generation programming that ensures school-readiness for young children and opportunities for parents to build social and economic capital.

Our Vision

To create pathways to economic mobility for families through high quality, culturally responsive, two-generation programming that ensures school-readiness for young children and opportunities for parents to build social and economic capital.

A world where all children and families have equitable access to resources and opportunities to reach their fullest potential, transforming the communities in which we live.



At the foundation of all programs is the nine-month Parenting Education and Early Childhood Education is offered to parents with young children under the age of three. Families attend once a week Monday-Thursday from September to May. PCEP teaches parents how to become their child's first teacher and how to ensure that the home is the first classroom. While parents attend the PCEP sessions, their children receive high-quality instruction using the PCEP Early Childhood Education Framework. In addition to early education and parenting education, the program provides parents with opportunities to develop social capital - a network of support through connections within their cohort and within their community - through toy-making, community engagement, and advocacy. PCEP includes three main components: 1) bilingual parenting curriculum, 2) socialization through toy making, and 3) community engagement and advocacy.

Services Provided:

1. 9-month Parenting Education
2. Toy Making
3. Early Childhood Education and Care
4. Community Resource Awareness
5. Home Visitation
6. Support Services

Support Services:

- Transportation
- Parenting Education
- Home Visits
- Referrals and Guidance (Health Services,
- Mental Health Services, Community Resources)
- Services to Fathers

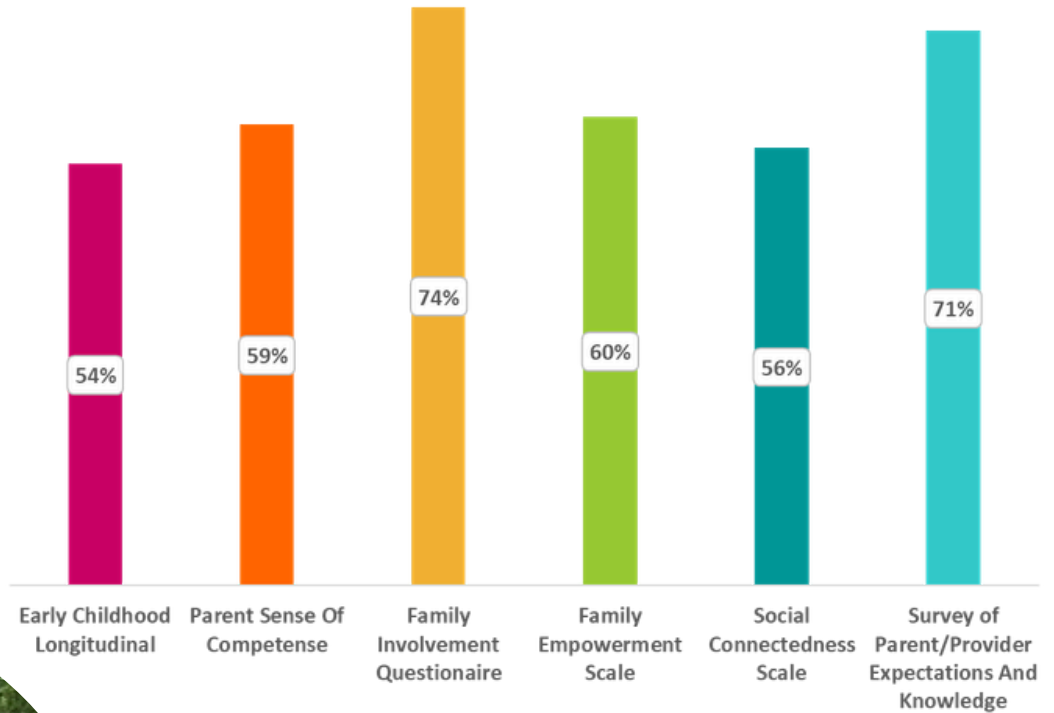


Services to Fathers Program:

component is integrated into the Parent-Child Education Program, which addresses the 5 Protective Factors that ensure the healthy well-being of children and their families. The program promotes father involvement in their children's development through parenting, early childhood education, and support.

An evidence-based program targeting parental involvement, empowerment, and knowledge.

In Person Students : 124
Virtual Students: 12
Grand Total : 136



Parent Involvement with Child in Typical Home Activities

- Objective: Analyze the nature, quality, and frequency of interactions between parents and children during typical home routines and activities.
- Importance: Regular and qualitative interactions at home play a pivotal role in a child's holistic development.

Parent Sense of Competence - Parental Stress

- Objective: Gauge parents' confidence and perceived capability in guiding their child's development, and understand the stress associated with parenting.
- Importance: A strong sense of competence can lead to effective parenting while understanding stress levels can help provide necessary support.

Family Involvement Questionnaire: School-Based, Home-Based Involvement & Home/School Conferencing

- Objective: Evaluate families' engagement in their child's education at home, school, and through educator interactions.
- Importance: A family's active involvement in a child's education can significantly impact the child's academic and social outcomes.

Family Empowerment Scale: Access to Social Resources and Opportunities

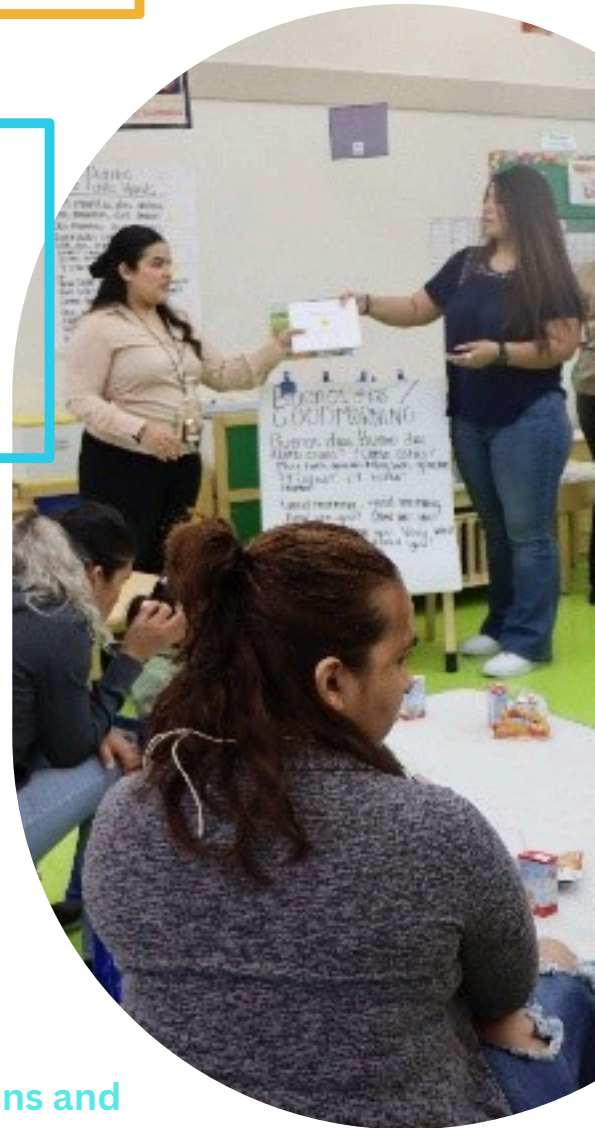
- Objective: Determine families' ability to access and leverage available social resources and opportunities.
- Importance: Well-resourced and empowered families can create enriched environments that foster child growth.

Social Connectedness Scale: Parental Connectedness with Child

- Objective: Measure the depth and strength of emotional bonds between parents and their children.
- Importance: Strong parent-child bonds contribute to better mental health, resilience, and overall well-being of the child.

Survey of Parent/Provider Expectations and Knowledge

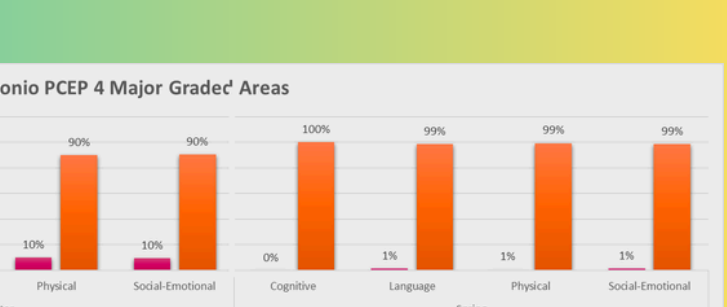
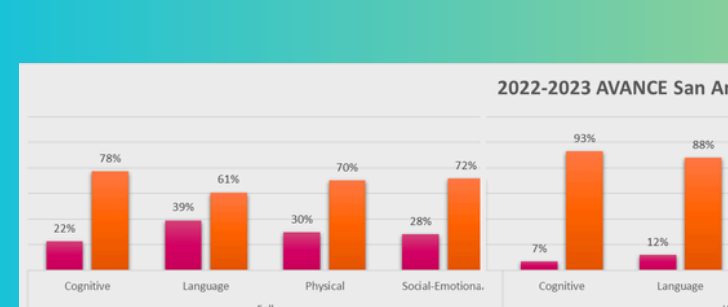
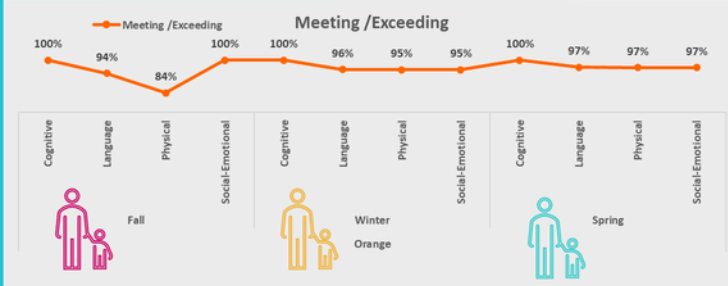
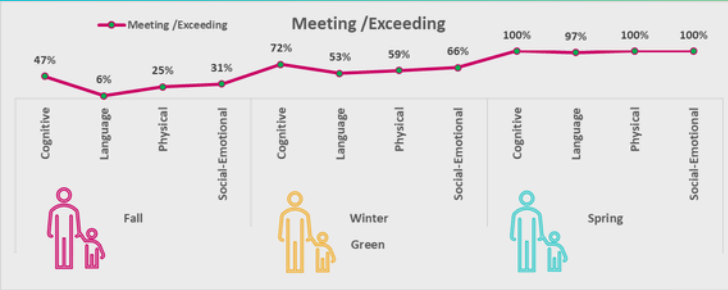
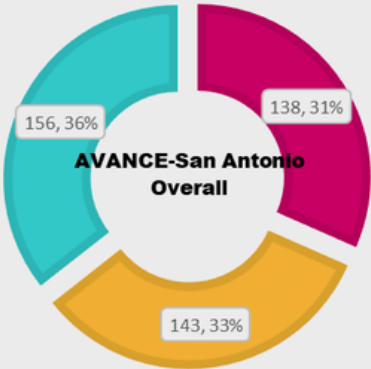
- Objective: Evaluate parents' knowledge regarding key developmental milestones, especially in cognition and language, and their understanding of kindergarten readiness.
- Importance: Well-informed parents can offer better support in their child's early learning and preparation for formal schooling.



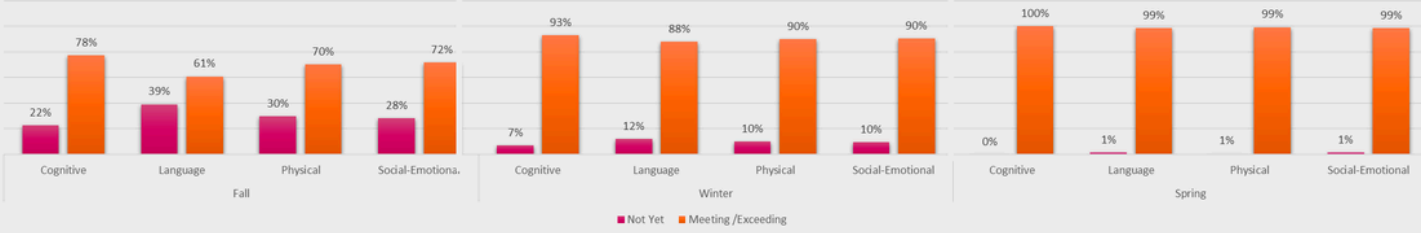
PARENT-CHILD EDUCATION PROGRAM OVERALL

2022-2023 PCEP STUDENT ASSESSED BY SEASON

■ Fall ■ Winter ■ Spring

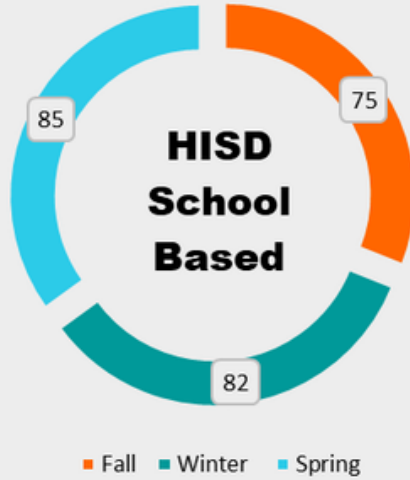


2022-2023 AVANCE San Antonio PCEP 4 Major Grade' Areas

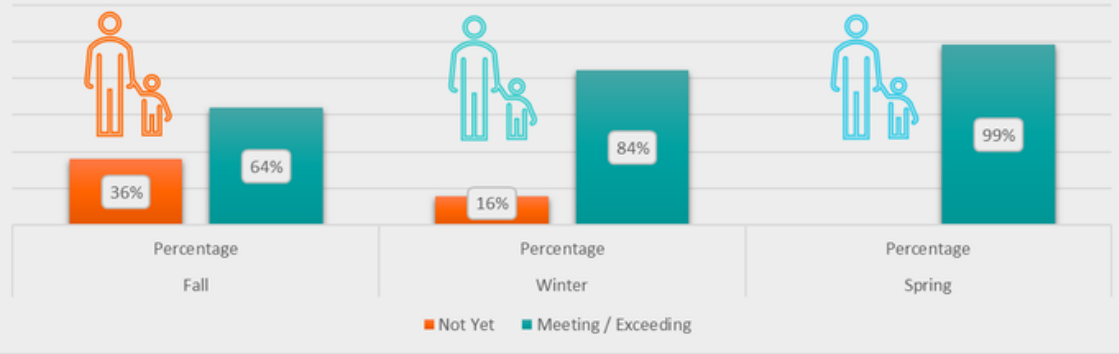




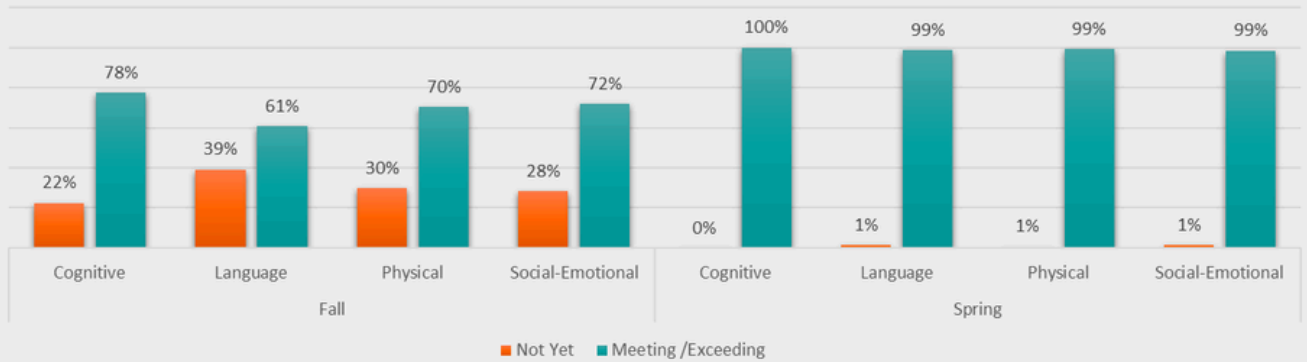
2022-2023 PCEP Student Assessed by Season



2022-2023 HISD School Based Family Program Children Assesments 4 Major Graded Areas Combined by Checkpoint

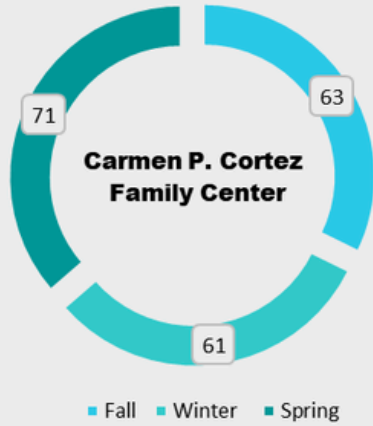


2022-2023 HISD School Based Family Program PCEP 4 Major Graded Areas

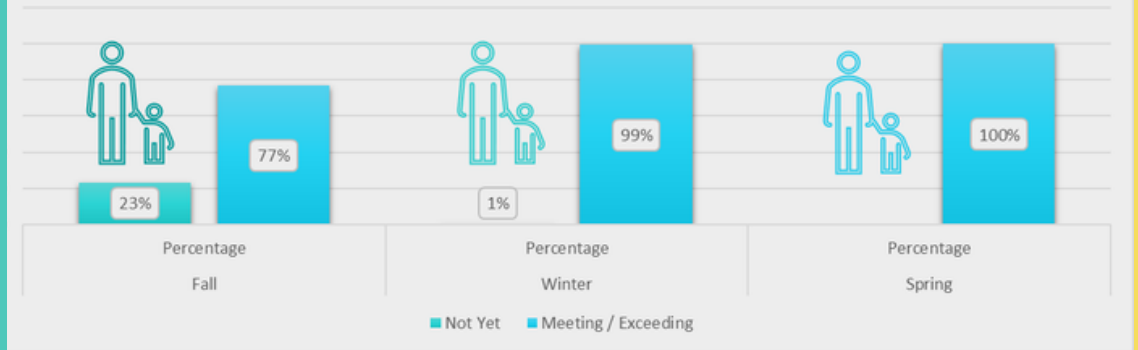




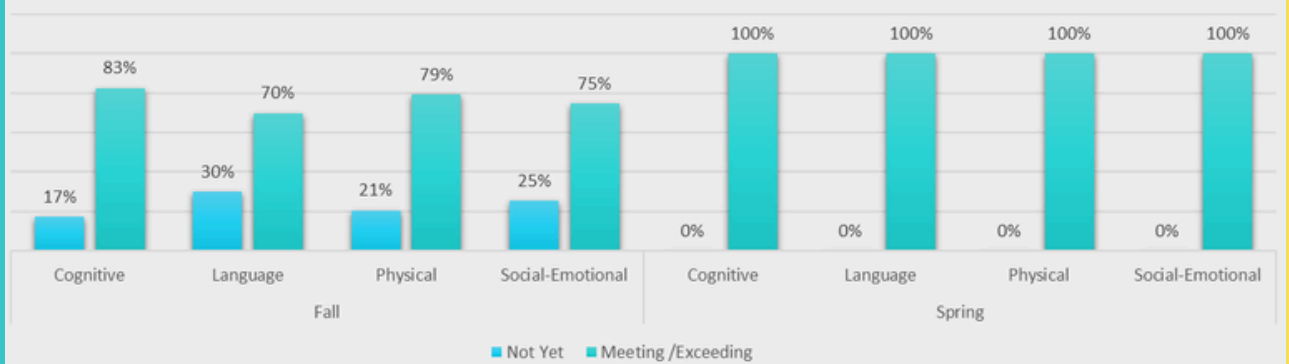
2022-2023 PCEP Student Assessed by Season

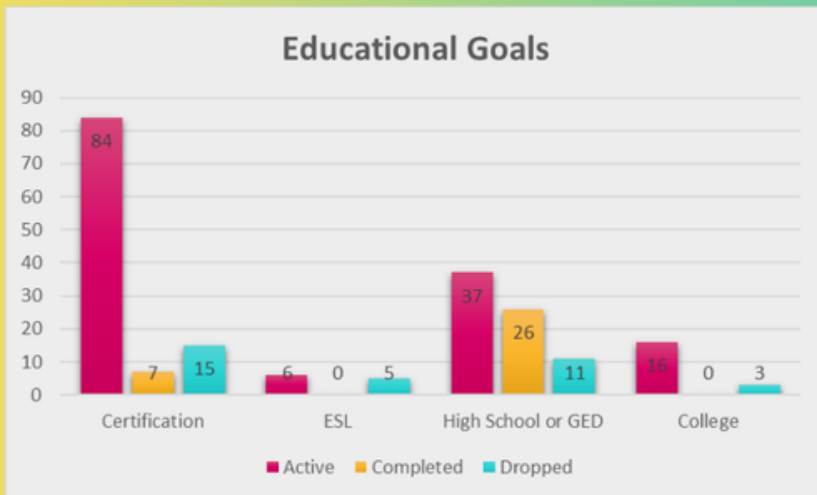
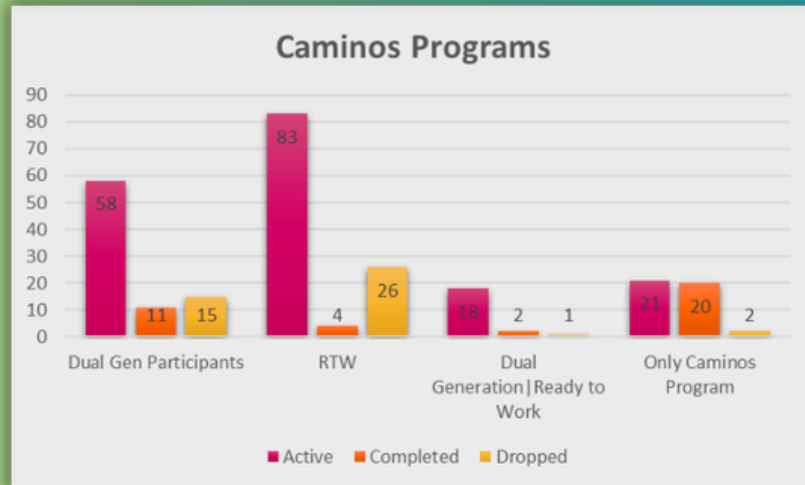
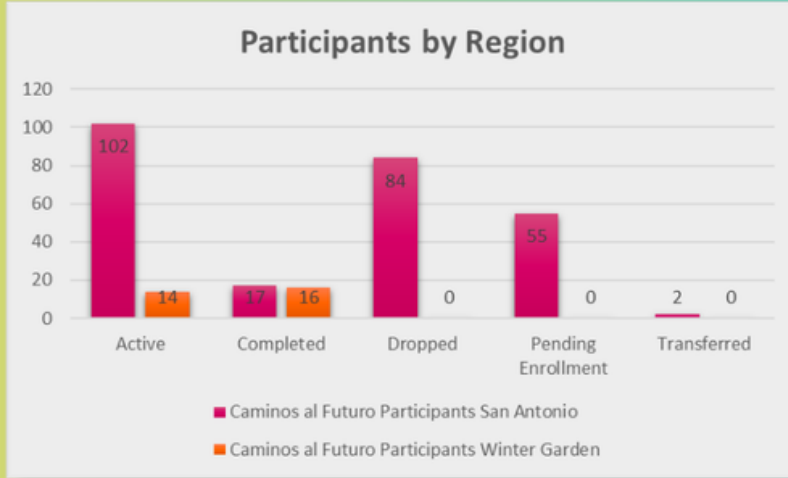


2022-2023 Cortez PCEP Children Assesments 4 Major Graded Areas Combined by Checkpoint



2022-2023 Cortez PCEP 4 Major Graded Areas





30+ YEARS OF NUTRITION EDUCATION

AVANCE - Texas A&M Partnership

Texas A&M AgriLife extension Service (“AgriLife”), is a member of The Texas A&M University System, an agency of the State of Texas.

176 Parents

204 Children

Positive Changes in Food Groups:

1



91.7% of participants experience a positive change in at least one food group.



Improved Diet Quality Indicators:

92% of participants showed improvement in one or more diet quality indicators, including:

- Eating fruits, vegetables, red and orange vegetables, and dark green vegetables.
- Decreased consumption of regular soda (not diet), fruit punch, fruit drinks, sweet tea, and sports drinks.
- Increased frequency of cooking dinner at home.

2

Enhanced Food Resource Management Practices:



3

94% of participants demonstrated improvement in one or more food resource management practices, such as:

- * Cooking dinner at home.
- * Comparing food prices.
- * Planning meals before shopping.
- * Checking the refrigerator or cupboard before shopping.
- * Making a shopping list.



Average Cost Savings:

4

Participants achieved an average cost savings of \$24.3 on food-related shopping by taking our class.

Increased Physical Activity Behaviors:



5

- Exercising for at least 30 minutes.
- Engaging in workouts to build and strengthen muscles.
- Making small changes to be more active.



Recruitment Activities – Our team participated in door-to-door campaigns, community events, and marketing efforts with KLRN air spots, street banners, bus shelter signage, South Park kiosk, and more

PCEP Holiday Drive Thru – December 2022 at two sites, Cortez Family Center and Fenley Center, sponsored by Amerigroup. In total, an estimated 150 families participated in the drive-thru celebrations.



AVANCE Fatherhood Series for Dads – On February 9 – Our Parent-Child Education Program rolled out our Six (6) week session for fathers with children ages 0-4 of interactive, hands-on parent-child activities and discussion groups in Spanish & English. A total of 15 fathers completed the series.



PNC Bank –Members of the Bank visited Cortez and Fenley in April to read to our AVANCE children. They were impressed with the children’s attention and interactions.





Engagement Activity - AVANCE PCEP Fenley hosted the Triple P Seminar 1. Participants engaged in a Kindness Rocks activity. Using big or small rocks, parents painted inspirational messages to spread kindness and positivity around the community.

Women Empowerment Conference - Our parents attended the WEC at San Antonio College. Our parents expressed how inspired they were by listening to the speaker's testimonials and the conference sessions.

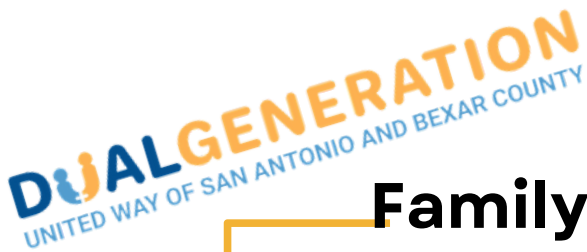


HEB Read 3 -10 parents and 11 children successfully completed the HEB Read 3 program. The educational activities were led by UTSA students who partake in this five-week activity for academic credit.

Early Head Start & Head Start Parents - We had 26 Early Head Start parents and 10 Head Start parents graduate from our PCEP program.



Caminos al Futuro - Pathways to the Future exists to provide educational and occupational training opportunities and resources to families to help them achieve education or workforce goals to improve their socioeconomic status and opportunities for their families. Caminos works with families to overcome barriers and accomplish their goals.



Family Night

Caminos al Futuro hosted a day at the Witte Museum on Tuesday on free family night for all Dual Generation participants.



Success Story

Diana Carsey finished the State-Certified Culinary Arts Training Program at SA Food Bank



Recognition

Caminos al Futuro is a partner for Ready to Work for SA one of the focus areas is information technology/cybersecurity. Caminos al Futuro was present at Women In Tech Symposium 2022 at St. Mary's University. The San Antonio University Women In Symposium targets female students who are enrolled in or interested in computer engineering and technology programs.



1

PCEP Sobre Ruedas/On Wheels

Partnership with PreK4SA at Gardendale



PCEP Sobre Ruedas/On Wheels

Partnership with United Way FSCS at Vestal Harlandale ISD



2

PCEP+EHS Expansion

Expansion to Texas Wintergarden /Uvalde



3

Camino al Futuro Expansion

Plans to expand the office (satellite) to the Westside of San Antonio.

4

